



Cancer Support & Prayer Group

*What: The support group offers an opportunity for support through prayer, open discussion about one's own personal experiences and challenges, resources available in our community, speakers on topics such as nutrition, side effects, stress, communication, care options, saints to look to, and ways to support one another. We will primarily be using the resources from Our Journey of Hope and Together Living with Cancer, both Christian/biblical/faith based materials, as well as several resources that are specifically Catholic.

*Why: This support group is to allow persons touched by cancer to be with others touched by cancer to gain insight, support, pray for one another, and share in a warmhearted and understanding environment.

*Who: Those with cancer, those in remission, survivors, and caregivers/loved ones are welcome; all ages, stages & diagnoses; please share this with your friends and family affected by cancer.

*When: The group will meet each **Last Thursday of the month**. Next Meeting: Thursday, **January 31** at 6:30pm

*Where: at Holy Family, Lower Level room 6

*Contact: If you have questions, want to be on the contact list/register, or have an interest in assisting with this ministry, please contact Christine Shafer, cshafer@holyfamilycaledonia.org or 891-9259 x224.